



Marine Attack Squadron 231

Substance Abuse

29 June 2023

The MCAS Cherry Point Substance Abuse Counseling Center (SACC) is designed to assist Marines in confronting substance misuse/abuse and achieving functional social, psychological, familial, and employment health.

**Phone number: (252) 466-7568, Building 232, Mon-Fri 0730-1630 and
Tues/Thurs after hours with an appointment**

Recognize the symptoms of substance abuse, including but not limited to the following:

- Basic responsibilities are ignored at school, work, or home
- Use of substances is causing relationship problems
- Denial or guilt around the frequency of substances being consumed
- Words or actions under the influence are constantly regretted
- Injury or legal trouble occurs under the influence of a substance
- Financial troubles exist due to use of a substance

Prevent substance abuse by taking an active role in both your own life as well as those around you. Positive examples as Marines, education through our substance abuse program, and a positive organizational climate will provide the foundation to prevent substance abuse from occurring.

Support your fellow Marines, friends and family if they struggle with substance abuse. If we can't prevent substance abuse, we will use our every effort to support those that struggle with addiction.

I will fully support anyone who steps forward and volunteers for help or treatment.

Use every resource - know what is available and use those resources to provide whatever support is necessary to help those in need. We will provide the time and availability for all personnel to achieve their necessary health and wellbeing - healthy people are foundational to a successful squadron.

Semper Fidelis

P. A. Truog
Commanding Officer